

SPARKLING.

	Glass	750ml		
Bay Of Stones Brut NV Barossa Valley, SA	9	42		
Chain of Fire Brut NV Regional Blend, SA / VIC		39		

CHAMPAGNE.

		750ml		
Perrier Jouet Grand Brut NV Epernay, France		140		

WHITE WINE.

	Glass	750ml		
Yabby Lake Chardonnay 2014 Mornington Peninsula, VIC		95		
Gioeillo Estate Chardonnay Upper Goulburn, VIC	10	45		
T'Gallant 'Cape Schank' Pinot Grigio Mornington Peninsula, VIC		55		
Grant Burge 'Benchmark' Pinot Grigio Regional Blend, SA	10	45		
Richmond Grove 'The Lone Fig' Semillon Sauvignon Blanc Regional Blend, SA	9	42		
Secret Stone Sauvignon Blanc Marlborough, New Zealand		46		
Circa 1858 Sauvignon Blanc Regional Blend, WA		54		
Poonawatta 'The Eden' Riesling Eden Valley, SA		65		

RED WINE.

	Glass	750ml		
Kooyong 'Massale' Pinot Noir 2015 Mornington Peninsula, VIC		80		
Chain Of Fire Pinot Noir Regional Blend, SA / VIC	11	48		
Oakridge 'Over The Shoulder' Cabernet Merlot 2012 Yarra Valley, VIC		70		
Richmond Grove 'The Lone Fig' Shiraz Regional Blend, SA	9	42		
Seppelt 'The Drive' Shiraz Heathcote, VIC		40		
Norfolk Rise Cabernet Sauvignon Mount Benson, SA	12	50		

ROSÉ

		750ml		
Verget du Sud Mediterranee Rose 2015 Cole de Provence, France		69		

LOCAL BEER & CIDER

			per bottle	
James Boags Premium Tasmania		10		
James Boags Light Tasmania		9		
Apple Cider 5 Seeds NSW		10		

IMPORTED BEERS

			per bottle	
Corona Mexico		12		
Moretti Italy		12		
Heineken Holland		12		
Efes Turkey		10		

SPIRITS

Standard spirits	10
Premium spirits	12

HERBAL SHISHA

Apple, mint, grape or watermelon shisha	
With any BIG item purchase	28
Just shisha	35

NON ALCOHOLIC.

Acqua Panna Italy (500ml) 6 (1L) 9	Uludag Green Apple 5 Uludag Green Sour Cherry 5 Uludag Green Pomegranate 5 Uludag Peach 5
San Pellegrino Italy (500ml) 6 (1L) 9	Apple Juice 5 Orange Juice 5
Pepsi, Pepsi Max 5 Lemonade, Solo 5 Lemon Lime Bitters 5	

TEA & COFFEE

Espresso, short macchiato 4 Latte, Long Black, Flat White, Cappuccino, Long Macchiato 4.5 Selection of tea's 4.5

COCKTAILS

Espresso Martini Vodka, Coffee Liquor, Espresso	18
French Martini Vodka, Pineapple Juice, Chambord Raspberry Liquor	20
Cosmopolitan Vodka, Cointreau, Lime Juice, Cranberry Juice	18
Mojito Bacardi, Fresh Lime, Fresh Mint Leaves, Sugar, Soda Water.	20
Long Island Tequila, Gin, Whiskey, Vodka	21

MAMA SAYS SHARING IS CARING

CAN'T DECIDE?

Leave it to her.
Mama knows you're hungry,
and she's got the goods.
min. 2 people

FOUR COURSE [45]

SIX COURSE [55]

   options available.

Items on this menu are
available from 12-3pm
and from 5pm-late, daily

MAMA
RUMAAN



MIDDLE EASTERN CANTEEN

MENU

SMALL.

Mezze Dips

Hummus, baba ghanoush, jajik, fried pita w zaatar, flatbread. [15]

Lamb Kibbeh (3 pieces)

Lamb, mint and cucumber yoghurt. [13.5]

Sabah's Egyptian Falafel (4 pieces)

Traditional veg condiments, tahini. [13]

Fried Cauliflower (4 pieces)

Lightly battered stalks, tahini. [11]

Cabbage Rolls (2 pieces)

Tomato, veg, rice, pomegranate molasses. [12]

Mama's Tacos

Hummus, tahini, lettuce and tomato relish on pita bread
Chicken [6] Lamb [7] Fish [8]

Sambousaik

A roll of filo pastry stuffed with seasoned lamb mince [5]

Vine Leaves (3 pieces)

Tomato, spring onion, parsley, coriander, rice, lemon, olive oil [12]

Ablama (3 pieces)

Zucchini stuffed with lamb, herbs and nuts [19]

GRILLED.

Chicken Ribs (10 pieces)

Mama's garlic sauce, pomegranate molasses. [16]

Veg Skewers (2 skewers)

Peppers, mushroom, eggplant. [13]

Skewers (each)

Lamb Kofta [7.5] 

Chicken Tekka [8.5] 

Lamb Tekka [9]

Middle East Feast (minimum 2 person)

Lamb kofta, lamb tekka, chicken tekka, flat bread and traditional condiments brown rice, jajik (thick yoghurt, herbs and parsley), tabouli. [22 per person]

BIG.

Samaka Hara

Barramundi, tahini, garlic, coriander, lime, chilli, pine nuts, almonds [34]

Qouzi

Slow cooked lamb shoulder, pomegranate, traditional herbs and spices, wheat, chickpeas. [S: 19] [L: 28]

Okra

Spiced tomato sauce, coriander, white rice. [14]

Djerj w'Toum

Chicken, traditional spices, garlic cumin potatoes. [21]

Mdardara

Long grain rice and lentil pilaf, traditional herbs and spices, caramelised onion. [16]

Mama's Old Spice Rice

Fried rice, chicken, peas, slivered almonds, sultanas, potato. [S: 19] [L: 26]

Falafel Burger

Hummus, tahini, lettuce, tomato, turnip and a falafel patty within a burger bun. Served with Arabic hand cut thin chips dusted with cumin and salt [14.5]

Add shisha with any    item purchase [28]

SIDES.

Torshee

Pickled veg. Mama likes it hot, do you? [5]

Flat Bread

Seasoned flatbread. [5]

Tabouli

Parsley, mint, onion, tomato, cracked wheat, lemon, olive oil. [9.5]

Fattouche

Lettuce, tomato, cucumber, radish, spring onions, mint, toasted pita, pomegranate. [11]

Melon Salad

Diced watermelon and feta cheese tossed in olive mint dressing [11]

Mama's Individual Dips

Choice of hummus, baba ghanoush, jajik, garlic or tahini [7]

Arabic Hand Cut Thin Chips

Dusted with cumin and salt [8]

SWEET.

DREAMS ARE MADE OF THESE

Mama Tatiana's Knafeh

Sweet cream pastry, semolina, rose water, pistachio, sugar syrup. [12.5]

Orange Blossom Crème

Yoghurt, katiffi, pistachio. [12.5]

Chocolate Pot

Tahini, caramel, baby fig, halva ice cream. [14.5]

Rosewater Panna Cotta


Raspberry, vanilla crumbs. [12.5]

Dessert Tasting Plate

One of all of the above [28]

MAMA MEANS

 VEGETARIAN

 VEGAN OR VEGAN OPTION
AVAILABLE (please enquire)

 GLUTEN FREE

Show mama how much you like her food.

 /mamarumaan  @mamarumaan

Reservations / Takeaway : 03 8623 9690

mamarumaan.com.au